



Life is like the wind by Shona Innes

Published Australia : Five Mile Press 2014

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Suit: all ages picture book

Written by a clinical psychologist, *Life is Like the Wind* is part of her *Big Hug Series* helping children in times of deep emotion.

This title introduces the concept of death and grief to young readers by likening life to the ever-moving wind. When the wind is present, things move and fly and flutter about. When the wind goes away, things become very still.

Delightful watercolours work with a gentle message - facing death and grief, missing the loved lost one and connecting with their memory.

The author manages to make the subject of death a natural part of life.

Useful notes are included to assist the adult reading this to a child

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