



I am Love: A book of compassion by Susan Verde. isbn 978-1-4197-3726-8

Suit ages: 5 - 99

A cute children's book grabbed my attention at our Library recently
With charming illustrations, this simple book for all ages, asks readers to look inward when facing storms. Love will let the light back in.

Some pages that encompass what we are at TCF.....

"I can listen and not say a word. I can be there

I can speak softly and choose my words and actions carefully

I can celebrate those I've loved before. Love is remembering:

With love we will weather the storm together"

A gentle reminder of what compassion is all about.

Keren Marsh Whanganui Chapter November 2020